

LIVING WITH RECURRING ABDOMINAL PAIN AND DIARRHEA?

You may be suffering from Irritable Bowel Syndrome with Diarrhea (IBS-D)

IBS-D is not the same as an occasional stomach issue. It is a long-lasting (chronic) condition that includes multiple symptoms, some of the most common being recurring abdominal pain and diarrhea. These symptoms can come and go at any time.

If you think you may have IBS-D but aren't sure, it's important that you talk with your healthcare provider.

By being open and honest with your healthcare provider, you give yourself the best chance at finding relief. The symptom checklist below can help you get the conversation going. Fill it out and bring it with you when you visit your healthcare provider.

1. Do you have loose or watery stools? YES NO

Help your healthcare provider by referring to this stool form chart.

Circle the description that is most like what you're experiencing.

DIARRHEA	7	Watery, no solid pieces (entirely liquid)
	6	Fluffy pieces with ragged edges, a mushy stool
NORMAL	5	Soft blobs with clear-cut edges (passed easily)
	4	Like a sausage or snake, smooth and soft
	3	Like a sausage but with cracks on surface
CONSTIPATION	2	Sausage-shaped but lumpy
	1	Separate hard lumps like nuts (difficult to pass)

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2. How many times per week do you have loose or watery stools? _____

3. Do you experience abdominal (stomach) pain? YES NO

4. Have you had the symptoms above for at least 3 months or more? YES NO

5. Do your symptoms keep coming back? YES NO



Talk to your healthcare provider and ask if VIBERZI, a prescription medicine used to treat adults who have IBS-D, may be right for you.

IMPORTANT RISK INFORMATION

VIBERZI can cause serious side effects, including:

- Inflammation of the pancreas (pancreatitis). Pancreatitis has happened most often in people who do not have a gallbladder and can lead to hospitalization. Pancreatitis has led to death in some people who do not have a gallbladder. Pancreatitis usually happens within the first week of treatment with VIBERZI, but can happen after 1 to 2 doses of VIBERZI. Your risk of getting pancreatitis is increased if you drink more than 3 alcoholic drinks a day. Limit your use of alcoholic drinks while you are taking VIBERZI.

Stop taking VIBERZI right away and get emergency medical care if you have new or worsening stomach-area (abdomen) pain or pain in the upper right side of your stomach-area (abdomen) that may move to your back or shoulder, with or without nausea and vomiting.

Please see additional Important Risk Information on the next page and [click here](#) for Brief Summary of Medication Guide.

**Viberzi**
(eluxadoline) tablets 
75 mg • 100 mg

IMPORTANT RISK INFORMATION (cont.)

- A spasm in a muscle of the digestive system (called the sphincter of Oddi), which may cause new or worsening abdominal pain. Sphincter of Oddi spasm has happened most often in people who do not have a gallbladder and can lead to hospitalization. This spasm usually happens within the first week of treatment, but can happen after 1 to 2 doses of VIBERZI.

Stop taking VIBERZI right away and get emergency medical care if you have new or worsening stomach-area (abdomen) pain or pain in the upper right side of your stomach-area (abdomen) that may move to your back or shoulder, with or without nausea and vomiting.

Do not take VIBERZI if you:

- Do not have a gallbladder
- Have or may have had a blockage in your gallbladder or a sphincter of Oddi problem
- Have or had problems with alcohol abuse, alcohol addiction, or drink more than 3 alcoholic drinks a day
- Have had pancreatitis or other pancreas problems, including if you have had or may have had a blockage in your pancreas
- Have severe liver problems
- Have had long-lasting (chronic) or severe constipation, or problems caused by constipation
- Have or may have had a bowel blockage (intestinal obstruction)

Before taking VIBERZI, tell your doctor about all of your medical conditions, including if you have liver problems, are pregnant or plan to become pregnant, are breastfeeding or plan to breastfeed.

Tell your doctor about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. If you are taking VIBERZI you should not take medicines that cause constipation, including Lotronex® (alosetron), anticholinergic medicines, and opioid pain medicines.

Side effects

The most common side effects of VIBERZI include constipation, nausea, and abdominal pain. Stop taking VIBERZI and call your doctor if you have constipation that is severe. These are not all the possible side effects of VIBERZI. Call your doctor for medical advice about side effects.

Please see Important Risk Information throughout, and [click here](#) for Brief Summary of Medication Guide.

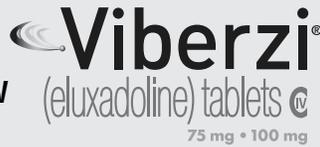


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 **Viberzi**[®]
(eluxadoline) tablets 
75 mg • 100 mg

Brief Summary of the Medication Guide

VIBERZI (vye BER zee), CIV (eluxadoline) tablets



This information does not take the place of talking with your doctor about your medical condition or your treatment.

What is the most important information I should know about VIBERZI?

VIBERZI can cause serious side effects, including:

- **Inflammation of the pancreas (pancreatitis).** Pancreatitis has happened most often in people who do not have a gallbladder and can lead to hospitalization. Pancreatitis has led to death in some people who do not have a gallbladder. Pancreatitis usually happens within the first week of treatment with VIBERZI but can happen after 1 to 2 doses of VIBERZI. Your risk of getting pancreatitis is increased if you drink more than 3 alcoholic drinks a day. Limit your use of alcoholic drinks while you are taking VIBERZI.
- **Sphincter of Oddi spasm.** The sphincter of Oddi is a muscular valve that controls the flow of digestive juices (bile and pancreatic juice) to the first part of your small intestine. A sphincter of Oddi spasm can cause an increase in your liver and pancreas enzymes and inflammation of the pancreas (pancreatitis) that can cause sudden stomach-area (abdomen) pain. Sphincter of Oddi spasm has happened most often in people who do not have a gallbladder and can lead to hospitalization. This spasm usually happens within the first week of treatment with VIBERZI but can happen after 1 or 2 doses of VIBERZI.

Stop taking VIBERZI right away and get emergency medical care if you have new or worsening stomach-area (abdomen) pain or pain in the upper right side of your stomach-area (abdomen) that may move to your back or shoulder, with or without nausea and vomiting.

What is VIBERZI?

VIBERZI is a prescription medicine used to treat adults who have irritable bowel syndrome with diarrhea (IBS-D).

- VIBERZI is a controlled substance (CIV) because it contains eluxadoline and may be abused or lead to drug dependence. Keep your VIBERZI in a safe place, to protect it from theft. Never give your VIBERZI to anyone else, because it may harm them. Selling or giving away this medicine is against the law.

It is not known if VIBERZI is safe and effective in children.

People 65 years old and older have had an increased number of side effects, including serious side effects and stomach problems, while taking VIBERZI than people younger than 65 years old have had.

Do not take VIBERZI if you:

- do not have a gallbladder
- have or may have had a blockage in your gallbladder or a sphincter of Oddi problem
- have or had problems with alcohol abuse, alcohol addiction, or drink more than 3 alcoholic drinks a day
- have had inflammation of your pancreas (pancreatitis) or other pancreas problems, including if you have had or may have had a blockage in your pancreas
- have severe liver problems
- have had long-lasting (chronic) or severe constipation, or problems caused by constipation
- have or may have had a bowel blockage (intestinal obstruction)

Talk to your doctor if you are not sure if you have any of these conditions.

Before taking VIBERZI, tell your doctor about all of your medical conditions, including if you:

- See “What is the most important information I should know about VIBERZI?”
- have liver problems
- are pregnant or plan to become pregnant. It is not known if VIBERZI will harm your unborn baby.
- are breastfeeding or plan to breastfeed. It is not known if VIBERZI passes into your breast milk or could harm your baby.

Tell your doctor about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Keep a list of your medicines to show your doctor and pharmacist when you get a new medicine. VIBERZI and other medicines may affect each other causing side effects.

If you are taking VIBERZI you should not take:

- medicines that cause constipation including:
 - Lotronex® (alosetron)
 - anticholinergic medicines
 - opioid pain medicines

Ask your doctor or pharmacist for a list of these medicines, if you are not sure.

- Avoid taking loperamide, a medicine used to treat diarrhea, for a long time (chronic use). You may take loperamide occasionally to treat severe diarrhea. **Stop taking loperamide right away if you become constipated.**

How should I take VIBERZI?

- Take VIBERZI exactly as your doctor tells you to take it.
- Take 1 tablet of VIBERZI 2 times each day with food.
- If you miss a dose, take your next dose at your regular time. Do not take 2 doses at the same time to make up for a missed dose.
- Do not change your dose or stop taking VIBERZI unless your doctor tells you to.
- If you take too much VIBERZI, call your doctor or go to the nearest hospital emergency room right away.

What should I avoid while taking VIBERZI?

- Limit your use of alcoholic drinks while you are taking VIBERZI.
- If you have liver problems, **do not** drive, operate machinery, or do other dangerous activities until you know how VIBERZI affects you.

What are the possible side effects of VIBERZI?

See “What is the most important information I should know about VIBERZI?”

The most common side effects of VIBERZI include: constipation, nausea, and abdominal pain. Stop taking VIBERZI and call your doctor if you have constipation that is severe.

These are not all the possible side effects of VIBERZI. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

How should I store VIBERZI?

Store VIBERZI at room temperature between 68°F to 77°F (20°C to 25°C).

Keep VIBERZI and all medicines out of the reach of children.

General Information about the safe and effective use of VIBERZI

Medicines are sometimes prescribed for purposes other than those listed in a Medication Guide. Do not use VIBERZI for a condition for which it was not prescribed. Do not give VIBERZI to other people, even if they have the same symptoms that you have. It may harm them. You can ask your doctor or pharmacist for information about VIBERZI that is written for health professionals.

What are the ingredients in VIBERZI?

Active ingredient: eluxadoline

Inactive ingredients: silicified microcrystalline cellulose, colloidal silica, crospovidone, mannitol, magnesium stearate, and Opadry II (partially hydrolyzed polyvinyl alcohol, titanium dioxide, polyethylene glycol, talc, iron oxide yellow, and iron oxide red).

For more information, go to www.VIBERZI.com or call 1-800-678-1605.



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